# KEEP IT FRESH

PRODUCE STORAGE GUIDE

#### LEAFY GREENS

Keep leafy greens and other softer vegetables (i.e cucumbers) dry using a towel and a storage container. This will keep them from getting soggy.

# STALKED VEGGIES

Cut the bottoms off of veggies like asparagus, celery, and carrots and store in a jar with a bit of water at the bottom. You can also immerse crunchy veggies in water.

## PREPARED VEGGIES

Store in an airtight container to reduce moisture.

#### BERRIES

Wash berries with water and white vinegar, pat them dry with a towel and store them in an airtight container.

# APPLES AND CITRUS

Store these in a refrigerator drawer where it is cool and dry. Keep apples away from leafy greens because it may cause the greens to wilt.

### NIGHTSHADES

Keep produce like eggplant or bell peppers in a crisper drawer.

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